



FamilyWorks

Family Resource Center & Food Bank

2007 ANNUAL REPORT



1501 N.45th Street
P.O.Box 31112
Seattle, WA 98103
206-694-6727
www.familyworksseattle.org

Letter from the Director and the Board President:

Sometimes, all it takes is a sandwich to turn a life around. That's what David, a FamilyWorks volunteer, said about his experience several years ago. David was sitting in the hall waiting for the library to open, unaware that the food bank was a few feet away, hungrier than he could imagine after running out of food days before. A FamilyWorks staff member asked David if he'd like a sandwich and offered him the use of the food bank. That small beginning, the offer of food, was the sustenance that started his road back to health and his involvement back in the community. Today David volunteers every day that the food bank is open, is a vital member of the FamilyWorks family, and has found his purpose! His full story can be found on the FamilyWorks website (www.familyworksseattle.org) and more inside this report.

You, the FamilyWorks community, are this sustenance for so many! Like a sought after sandwich, your continued support is one of the ingredients that gives FamilyWorks its richness, flavor and ability to nourish the people who come for food, resources, support and connection with others.

Thank you for all the "sandwiches" you provided this year! In 2007 FamilyWorks distributed over 818,000 pounds of food to 2028 individuals who visited the food bank 24,640 times and the resource center 8,000 times. As a result, our community is healthier, stronger and more nourished.

We couldn't do it without you! Thank you for your support.



*Lauren Gaylord
Board President*



*Jake Weber
Executive Director*



Annual Report 2007

We are grateful to the FamilyWorks' community for coming together on behalf of children, families and those who are in need of food and support.



WHO WE ARE:

FamilyWorks, a food bank and family center, nourishes and strengthens individuals and families by connecting people with support, resources and community.



WHAT WE DID:

Food Bank

Thanks to Northwest Harvest, Food Lifeline and the generosity of community members and local businesses, 409 tons of food were donated and distributed to 2028 individuals last year. We delivered groceries to 91 seniors in their homes (1122 times) and 24,640 visits were made to the food bank.



Resource Center

There were over 8000 program attendees of family center activities, plus hundreds more received free clothing, toys, books and referrals. Families were able to find the information, resources and support they needed for their families to thrive.

Resource Center programs include:

- After School Tutoring*
- Teen Parent Program*
- Parent/Child Playgroups*
- Parenting Classes*
- Information and Referral*
- Computer tutoring*
- Employment and life skills coaching*

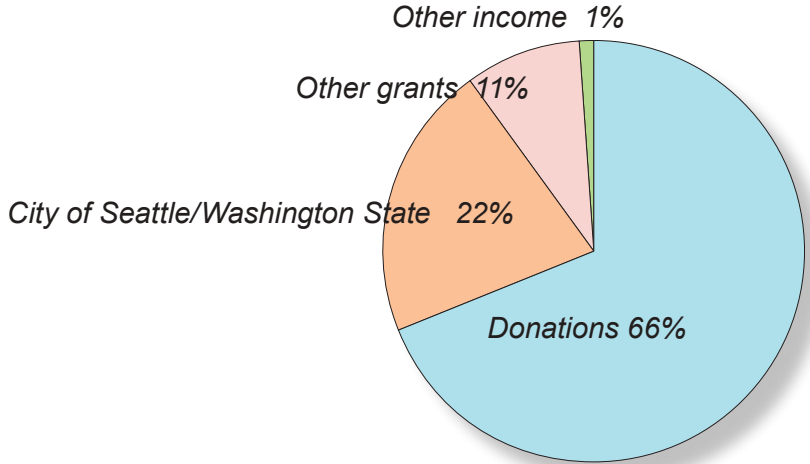


Please visit our website for more program information:

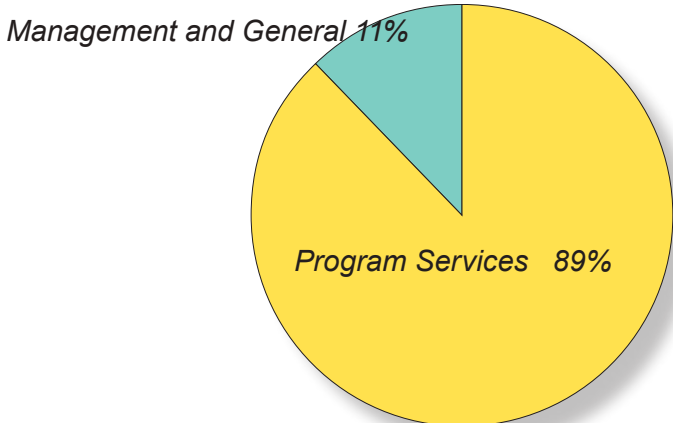
www.familyworkssseattle.org

2007 FINANCIALS :

Revenue \$1,304,875
(includes \$700,108 in-kind food and supplies)



Expenses \$1,255,619



Audited financials available upon request

WHY WE DID IT:



David:

“It came to the point a couple or three years ago that I found myself in the unenviable situation of not having regular meals over a number of months.

I took to surviving by pilfering fruit and vegetables from neighborhood yards, spending my days in the library down in Fremont to stay warm and cooking what meals I could on a camp stove and an old cast iron skillet. It was some time during this period that I found myself sitting in the hall outside the food bank.

I don’t know who it was, but someone offered me a sandwich and helped me get some food. I started using the services on a regular basis and came to know the staff and volunteers on a more personal and first name level. I don’t know if it was eating regular meals or just getting up with a purpose in mind, like going to the food bank but, I slowly began to wake up and realized that I was not so alone in this world and it might be time for me to start taking some responsibility for my life. I began to volunteer at the food bank and slowly found a purpose in life: This place gives me a reason to get out of bed.”



Ellia:

“Thank you for providing fun and educational programs for our community and nourishing food for our bodies. Spanish class has been amazing. We love the stories, songs, and free play time as well as snacks and birthday treats.

It has been a nice opportunity to connect with multilingual friends --both big and little-- in the community who share an interest in education and enriching the lives of their children. There is a real sense of abundance and joy that we feel at Family Works. As a young woman living on a limited income, the food bank has been an amazing blessing for me. The quality and variety of food is incredible. FamilyWorks is a true gem, and we hope you continue to thrive here for years to come.”



Maria:

“The afterschool tutoring program is a Godsend. Thanks to you I am ‘saner.’ My daughter Maria is learning to become more focused and is progressing in her learning. I think I would be pulling my hair out without you guys.”



Sarah:

Sarah, a nineteen year-old with a three-month-old daughter, came into the Teen Parent Support Group, encouraged by another teen participant. A year later, she still comes regularly, and has received advocacy and support for domestic violence and her educational goals. She says that she has found a safe place to be with other teen parents and where she can find the support she needs for her family.



Ted:

Ted Bushman has began using the FamilyWorks computer tutoring service in 2002.

Ted’s last computer tutoring appointment was on March 5th and he died on March 17, 2008. He always came with a smile and when you asked how he was, he would say, “I’m great, but I’m getting better”. Ted would come in at least two times a month to ask computer questions. Ted said that, although there were other public access computers available, he “did not know of any with upbeat friendly tutors prepared to specifically address the needs of the student at the moment” like those at FamilyWorks. He felt that we were helping to “bridge the digital divide for people who could not get help elsewhere”. The information that Ted received enabled him to “help immigrants who do not speak English to use computers to exchange email with their children in other countries, to help them complete their GED, and to help disabled people pursue their claims and receive rightful benefits”. Ted was all about learning and passing on what he knew to benefit others. He will be missed.



HOW WE DID IT:

More than 200 volunteers contributed 7526 hours in 2007. There's no way we could have done it without them! The volunteers include school groups, businesses and individuals who graciously gave their time, energy and expertise to help with food packaging, distribution, childcare, workshops, tutoring and more.

Through the combination of our partnerships with community organizations, churches, businesses, stores and the commitment of many individuals and groups we were able to offer a variety of programming requested by our customers.

Thank you to the following partners for their collaboration and resources:

AARP: Volunteer greeter

American Red Cross- First Aid and CPR classes

City of Seattle's Human Services Department - Support

City of Seattle People Point - Information and resources

Food Lifeline – Weekly delivery of food

45th St. Clinic – Blood pressure checks, Diabetes class, cooking class

Green Lake Elementary School Staff and PTSA – Parenting Class Hosts

Heather Mundell - Life Coaching

KCTS - Literacy Classes

Kids on 45th – Weekly donation of clothes, toys and books

King County Children and Family Commission - Portal to Partners

Medic II - First Aid & CPR

Meridian School 5th graders - Monthly food bank help

Mark Ely – Graphic design help

*Marlyn Minkin, Rhonda Dafforn and Lori Seago for services to
Deaf/HOH families*

Mary Comstock - Computer Tutoring

North Seattle Community College – Information on life skills programs.

Northwest Harvest - Weekly delivery of food

NPower – Website Development

Paul Kostek - Employment Counsel

PCC – Bi-monthly food delivery and volunteer help

Phinney Neighborhood Association - Giving Tree

Postal Carriers – May Food Drive

Public Health Department – Weekly WIC appointments

Wallingford Branch of the Seattle Public Library – Early Literacy Workshops

Sunshine Rotary - Giving Tree

Solid Ground:

- Sand Point Housing – Play and Learn Group*
- Operation Frontline – Adult Cooking Class in Spanish and Amharic*
- Food Security for Children - Baby Boost Fair and Baby food supplies*



- *Lettuce Link – Fresh produce for the food bank*
- *Food Resources - Transportation of food to the food bank and technical assistance.*

University of Washington - Tutors, Husky Smiles, Social Work Interns
Wallingford Boys and Girls Club – Hosted tutoring program

Business In-Kind and Auction Contributions:

Adobe Systems
Allen Institute for Brain Science
Andrew Short
Anna Morin
Asset Management Strategies
Bastyr University
Beehive Salon
Ben Barr
Blue Ribbon Cooking and Culinary
Brain Child Magazine
Children's Museum
Chow Foods
Dave Fort
Dimitriou's Jazz Alley
Essential Bakery
Four Legs Good
Fremont Masons – Doric Lodge
Fremont P-Patch
Good Shepherd P-Patch
Great Harvest
Greenlake Pilates
Henna Healing
Hilly Designs
Inn at Port Ludlow
Irwin's Bakery
John Schmidt
Julie Roddick
Kari Quaas Photography
Lisa and Jack Young
Majestic Bay Theatre
McCarthy & Shiering Wine
Merchants
Me N' Moms
Meridian Market
Mighty O Donuts
Museum of Flight
Not a Number Cards and Gifts
Odyssey Maritime Discovery Center



Office Max
Oroweat
Pacific Science Center
Peet's Coffee & Tea
Pharmaca
Picardo P-Patch
Renee Duprel
Safeway
Seattle Art Museum
Seattle Symphony
Seattle Tilth
Seattle U. MPA Student Association
Snyder Hartung Kane Strauss
Architects
Spin's Barber Shop
Starbucks
St John's Episcopal Church
Studio 5 Creative
Tall Grass Bakery
Theo Chocolate
Title Nine
Todo Bien Wellness Center
Tully's
Tutta Bella
W Seattle Hotel
Wallingford Chamber
Wallingford Farmers Market
Wallingford Senior Center
Yazdi Unique Clothing

2007 Donors List:

Donors:

Anonymous (2)
A. June Menzie
Adam Weybright
Adriana and Paco AlfaroZierten
Adrien Felon and Gwen Fu
Aina Oscarsson
Alan Greenbaum and Laura Thorne
Alexandra O'Reilly and
 Charles Desiderio
Alfred Viola and Mary Viola
Ali Henderson
Alisa and Ken Malloch
Alison Stamey and W.C. Twig Mills
Andrew Short and Deborah Gunn
Angela Kennedy
Angelyn and William Stielstra
Anita Lehmann and Rex Lyon
Ann and Gary Weber
Ann Boyd and Joshua Woods
Ann Gardner
Ann K. & Steven J. Sonnen
Ann Lum
Ann Walker and Guary Walker
Anne Christina and Geoff Derry
Anne E. and William P. Eure
Annette Case
Arthur Hansen in Memory of
 Jennie Hansen
Ava Dowell
Barbara Lycett and John Parchem
Bettina M. Emerson
Betty Lundquist and Janet Helson
Bev DeCook
Brian McCarthy and Lisa Satin
Brion Bloomberg and
 Karen Haggard
Bruce and Patricia Finlayson
Bryan Long
C. B. Reingold
Caitlin Gaylord
Carol and Arnold Jolles
Carol and Ralph Nussbaum
Carol Marshall
Carrie Richard and Brian Guggino
Cathryn and Carl Sander
Cecile Henault and John Owen
Cheryl Cobbs



Christine Friesen
Cindylynn and Jeffrey Fenbert
Cory and George Glisson-Munier
Craig Walker
Dale Rothlind
David Sielaff and Kimberly Christensen
David W. and Carol N. Johnson
Debbie Potter
Deborah Green
Deborah Nelson
Dennis and Mary C. Fleenor
Diane Worrell and Ken Fishkin
Don and Gail Willis
David Kimelman and Karen Butner
James Van Zee
E. S. Almasi
Earl De Wald and Rebecca Johnson
Ed Phippen and Helene Obradovich
Edith and Mike Ruby
Elinor Suckling
Elisabeth and Gottfried Schmer
Emil Finn
Emily and Dan Raymond
Emily Neilson
Eric Fisk and Heather Valentine
Erin and Scott Reynolds
Ernest Coffey
Fay Twersky and Jill Blair
Forrest Gamble and Mary Kay Lewis
Frances DeMarco
Frances Marshall and Charles Lare
Franz Snyder
Gail Gatton and Mark Wittow
Gene Blahato and
 Theresa Benevides-Blahato
Geoffrey Cole
Geoffrey T. Prentiss
GiGi Gedye

Giovanni Baez
 Glenn Hackney and Kathryn Shaefer
 Gloria Gutierrez
 Greg and Carolyn Heberlein
 Gregor Schmidt and Coco Saita
 Gretchen and Lyle Sorensen
 Gwen & Mustafa Kapusuzoglu
 Harry and Terry McAndrew
 Harry Reinert and Cecilia Paul
 Heather Holmback and Gary Gilligan
 Heather Schaub and Bill Rosewarne
 Helen Gallup
 Helen Wilson
 Herbert and Erica Bergamini
 Holly Hutton-Bell
 J. Casey Gouveia
 J. Cyrus Appell
 JA Renick
 Jacob and Sylvia Nussbaum
 Jacob Mans and Daniel Wilson
 Jake Weber and Kevin Kane
 Jane Paulsen
 James C. and Birte M. Falconer
 James Doulong
 Jamie and Andrea Lieberman
 Janet Buttenwieser and Matthew Wiley
 Janet Dindia and Terry Storms
 Jean Feagin
 Jeanne Robinson
 Jeff Nomura and
 Susan Findlay-Nomura
 Jeffrey C. and Cassandra B. Johnson
 Jessica Reading and John MacIntyre
 Joan and Louis Truskoff
 Joan Tupper
 Joel Puchtler
 Joel Vandergrift
 John B. and Linda L. Hayhurst
 John Pursell
 Jonathan and Sarah Heller
 Jordan and Shannon Malloch
 Jordan Gross and Geoffrey Kellman
 Joseph Renfield
 Judith Lovelace
 Judith Swain and David Strauss
 Julia Burkamper
 Julia Robinson
 Julie and Daniel O'Neal
 Julie Briselden and Rob Bayuk
 Julie Mayer
 Julie Nagel in memory of Sue Grant
 Karen and James Simone
 Karen Haberfeld and David Brown
 Kari and Nathan Quaas
 Katherine and Caleb Banta-Green
 Katherine Boyd-Jordan
 Kathleen and David Kerr
 Kathleen Winkelmann
 Kathryn Thom
 Kim Goddu
 Kim Kemp and Matt Cohen
 Kimberly Christensen
 Kimberly Kinsella-Goddu
 Kristin Nelson
 Larry and Martha Breslauer
 Laura and David Broustis
 Laura and David Midgley in honor of
 Janet Miller
 Laura Pierce and Lorie Hamel
 Laura Inveen and G. Shaw
 Lauren S. and Peter Gaylord
 Laurence Wydro
 Lee Harper
 Leslie Blanchard
 Linda Bevis and Ed Mast
 Linda Kager
 Lloyd Takasugi
 Lori and Doug Wood
 Louisa Turner and Richard Seroussi
 Lucille and Peter Jasper
 Lynn Livesley and Kevin O'Neill
 Lynnea Manahan
 Madeleine Bowerman
 Mae Benne
 Margaret and Olson
 Margarita Medina and Emma le Du
 Marguerite W. Pettibone
 Marian Svinth and Gene Slape
 Marie Mueller
 Marilyn Johnson
 Marilyn Paulson
 Mario and Dina Moreno
 Marion and John DeForest
 Mark Agopsowicz
 Mark V. Carpenter
 Marlee and Michael Richard
 Marlyn Minkin in honor of Jake and
 Shirley for their support to families
 with deaf children
 Martha J. Meyerding
 Martin and Mary McCune
 Mary and Richard Anderson
 Mary Slotnick and Beatrice Crane
 Maryellen Ferro and Jamie Vollrath

Matthew and Manuela Slye
Maureen and Bryan Gummersall
Maureen and Michael Kerschbaum
Maureen and Ronald DiGiacomo
Max and Judith Bailey
McKinnon Family
Meg H. Ferris and John J. Murphy
Megan Finaly
Michael and Helene Dowd
Michael and Kathryn Rodriguez
Michael Doyle
Michael Mabrito
Michele Thornton
Michelle and Rene Haase
Mike Buchman and Martha Swain
Molly Maeda
Moms Club of North Seattle
 in honor of Mosaic
Luther Black and Christina Wright
Mark Allen
Ava Dowell
Katie Klein
Myron and Joella Weybright
Nancy and Donald Ferkingstad
Pamela McCabe
Patricia & Bradford Scott
Patricia Graves and David Nash
Patricia Staggs
Patrick Long and Martha Hyde
Paul and Margaret Olson
Paul Facchini
Paul Fowles
Paul Grekin and Elizabeth Flavin
Rebecca Brennehan and Laird Harris
Rebecca Durham and
 Patrick McDonald
Renee Duprel
Renee Fredrickson
Renee Willette and Jay Schwartz
Rich Campbell and Michele Englehart
Richard Fisk
Robert K. and Mary E. Barrett
Roberta Smith-Kosin and Igor Kosin
Roger Jones
Rose and Daniel Riley
Rosemary Nash
Ruby Blondell
Ruby McLachlan
Ruth Berge
Ruth Bogle
Sara Nickerson and Matthew
 Reid-Schwartz

Shalini Miskelly
Sharon Hammel and Harvey Rubinstein
Shelly Sundberg and Whit Alexander
Shirley and H.T. Lange
Shuko Hara
Stephan Boyd
Stephanie Jones
Stephen Doll and Julie Doll Allen
Steve and Linda Brown
Steven Buck
Susan Bidwell Wright
Susan Johnson
Susan Salzer and Bill Fort
Sylvia DeForest
Tania Buivydas
Tania Hino and
 Ramachandran Arumugam
Terri and William Rasmussen
The Hibler Family
Theodore Brown
Thom and Amy Swangler
Thomas B. and Bharti Kirchner
Tim Roth
Timothy McBreen
Tina Saldana
Tirza Buniak
Toby Thaler and Beckey Sukovaty
Toly and Alice Kojev
Tony B. and Margaret B. Samenfink
Trilby Cohen
Uri Silberstein and Jackie Fradkin
V Nagarajan
Van and Teresa Campbell
Virginia and Polly Clark
Wendy Lendrum and David Fort
William and Nanette Garrison
Winifred and Peter Hussey
Yakeline Pena
Yarek Rivers
Yoo Jung Chong and Ted Koehn



Businesses:

A Helping Hand
AAA Mailing Service, INC
Countrywide Cares
Francine Seders Gallery
Fremont Baptist Church
Goldman, Sachs & CO. Matching
Gift Program
HADLEYDOG, INC
King County Nurses Association
May Restaurant & Lounge
Merck Partnership for Giving
Microsoft
Mosaic Coffeehouse
The Mountain Ears
Music Center of the Northwest
Peet's Coffee & Tea
Pine Rock LLC
Rainier Investment Management
Snyder Hartung Kane Strauss
Architects, P.S., Inc.
Solid Ground
St. Andrews Episcopal Church
State of Washington
Tutta Bella
United Way of King County
(Individual Donations)
University Friends Meeting
University House Resident Association
Wallingford / United Methodist Church
Washington Women's Foundation

Auction Sponsors:

Beth Struckhoff and William Parks
Countrywide Home Loan
Davis Wright Tremaine LLP
The Henry M. Jackson Foundation
Kirkpatrick & Lockhart Preston
Gates Ellis LLP
Sharon Carlsen
Wells Fargo Foundation

Grants:

Adobe Systems Incorporated
Catherine Holmes Wilkins Foundation
Child Care Resources
Child Hearing League
Children's Trust Foundation
Cooper-Levy Charitable Trust
D.V. and Ida J. McEachern
Charitable Trust
David McKinlay Trust
Daylight Masonic Lodge #232
Doric Lodge #92 Fremont F.A.M.W
Employees Community Fund of
The Boeing Company
Eulalie Bloedel Schneider Foundation
Fred Meyer Foundation
Kawabe Memorial Trust
Medina Foundation
Morna R. Schwartz Foundation INC
OneFamily Foundation
Schiff Foundation
Seattle Foundation
Silicon Valley Community Foundation
Wells Fargo Foundation
Windermere Foundation



Other special notes:



Janet Miller was passionate about making this world a safer place for children. Determined to address the issue of child abuse prevention, Janet co-founded the Washington Council for the Prevention of Child Abuse and Neglect and was instrumental in the origins of the Children's Trust Foundation, which funds family support programs state-wide. Janet's passing in June of last year was a great loss for everyone who knew her, as a very loving, giving and talented person.

It was a great honor for Jake Weber to receive the first annual Janet Miller Award for Excellence, for consistently high level of professionalism and dedication. FamilyWorks used the \$10,000 grant for parent/child playgroups and parenting classes.

Recognizing Ava



In 2007, Ava Dowell, Food Bank Manager, celebrated her tenth year at FamilyWorks. We'd like to thank Ava for her caring leadership of the food bank. Under Ava's direction, the food bank has become a well stocked, safe and welcoming place where people find the nourishment and support they need.



2007 FamilyWorks Board of Directors :

Max Bailey
*Kate Banta-Green**
Brion Bloomberg
Martha Breslauer
*Anne Derry**
Michael Doyle
Lauren Gaylord
Stephanie Jones
Wendy Lendrum Fort
Debbie Potter
Bill Rasmussen
Matthew Reid-Schwartz



2007 Staff:

Jake Weber, Director
Ava Dowell, Food Bank Manager
Shirley Ferkingstad, Resource Center Manager
Curtis McKnight, Warehouse Coordinator
Barbara Hovde, Warehouse Coordinator
Lauren Christie, Tutoring and Teen Parent Coordinator
Mayra Castanos, Office and Children's Program Coordinator
Analia Castanos*, Office and Children's Program Coordinator
John Odegard*, Warehouse Coordinator
Judy Robertson, AARP Volunteer
Tracy Vermilya, Intern
Natalie Reuter*, Intern

* Former